

# Affordable Care Act Compliant, Self-Funded Minimum Essential Coverage (MEC) Enrollment Form

Complete the Enrollment Form to Elect or Decline Coverage

- 1. You **MUST** complete the Enrollment Form as part of your New Hire Process.
- 2. Elect or decline all benefits on the Enrollment Form.
- 3. You **MUST** Sign and Date the bottom of the form, even if you decline coverage.
- 4. Return the Enrollment Form to your Branch Manager.
- 5. Keep the Benefits at a Glance page for your records.

ANY PERSON WHO KNOWINGLY, AND WITH INTENT TO INJURE, DEFRAUD OR DECEIVE ANY INSURER, MAKES ANY CLAIM FOR THE PROCEEDS OF AN INSURANCE POLICY CONTAINING ANY FALSE, INCOMPLETE OR MISLEADING INFORMATION IS GUILTY OF A FELONY.

The <u>MEC Wellness/Preventive Plan</u> is an employer-sponsored, self-funded plan that has been deemed to be in compliance with ACA rules and regulations. More information about Preventive Services may be found on the government website at: https://www.healthcare.gov/what-are-my-preventive-care-benefits/. For questions or assistance, please call Essential StaffCARE Customer Service at 1-866-798-0803.

#### Availability of Summary Health Information for MEC/Wellness Preventive Plan

Your plan offers a series of health coverage options. Choosing a health coverage option is an important decision. To help you make an informed choice, your plan makes available a Summary of Benefits and Coverage (SBC), which summarizes important information about any health coverage option in a standard format, to help you compare across options.

The SBC is available on the web at: essential staffcare.com/sbcmec. A paper copy is also available, free of charge, by calling Essential StaffCARE Customer Service 1-866-798-0803.

For questions or assistance, please call Essential StaffCARE Customer Service at 1-866-798-0803.



VSI <b>82907300-M-ECP</b>	SI 82907300-M-ECP OFFICE USE ONLY		LOCATION		R	Rehire Date		_/
ENROLLMENT FOR	RM						ME	EC 4S PM v3.0
A. REQUIRED EMPLOYEE II	NFORMATION	PRINT U	ISING BLACI	C or BLU	IE INK (Must	t Be Filled O	ut)	
Name		Social Security #			Home Phone		Sex	MF
Address							Apt.	#
City		State			ZIP		Date /	of Birth
B. DO YOU OR ANY OF YOU	IR DEPENDENTS HA	AVE MEDI	CARE?	Yes N	No. If Yes, plea	se fill out rema	ainder c	of Section B.
Medicare Health Insurance Cl	aim Number (HICN)		Me		fective Date			
Name of Covered Person(s): 1. 2.					3.			
C. OPTIONAL MEC WELLNES	SS/PREVENTIVE BEI	NEFIT SEL	ECTION			Direct Pay	/ment l	Monthly Rates
Enrolling in the Optional ME insurance exchange. This plate coverage and by purchasing to the MEC Wellness/Preventive your employer. Rates for the MEC Wellness/Preventive your employer. Rates for the MEC Wellness/Prevention Strategy and St	n satisfies the feder his plan, you will not e Benefit is <b>NOT</b> und MEC Wellness/Prever sive mild(ren) pouse	ral healthc be taxed f derwritten	are reform In or failing to p by BCS Insur	idividual urchase i ance Cor	Mandate. Th insurance req	nis is an offer uired by the A	of AC Afforda	CA compliant ble Care Act.
D. REQUIRED DEPENDENT	INFORMATION							
Name	Social	Security #	Date of Birth	Sex M F	Relation Spou	<u>'</u>	Dom	nestic Partner
Name	Social	Security #	Date of Birth	Sex M F	Relation Spou	<u>'</u> –	Dom	estic Partner
Name	Social	Security #	Date of Birth	Sex M F	Relation Spou	<u> </u>	Dom	nestic Partner
Name	Social	Security #	Date of Birth	Sex M F	Relation Spou	<u> </u>	_ Dom	nestic Partner
Name Social S		Security #	Date of Birth	Sex M F	Relation Spou		Dom	nestic Partner
E. REQUIRED SIGNATURE	You	MUST sin	ın and date t	his form	aven if you	ı decline cov	erage	
I have read the benefit packet Wellness/Preventive), and ope declination of coverage.	and understand its I	imitations.	I understand	that I hav	e been offere	ed ACA comp	oliant co	overage (MEC
DATE//		SIGNATUR	RE					

## MEC WELLNESS/PREVENTIVE PLAN BENEFITS AT A GLANCE ACA Required Wellness and Preventive Benefits

82907300-M-ECP

ADULTS	100% in network, 40% out of network			
Abdominal Aortic Aneurysm	One time screening for men of specified ages who have ever smoked			
Alcohol Misuse	Screening and counseling			
Aspirin	Use for men and women of certain ages			
Blood Pressure	Screening for all adults			
Cholesterol	Screening for adults of certain ages or at higher risk			
Colorectal Cancer	Screening for adults over 50			
Depression	Screening for adults			
Type 2 Diabetes	Screening for adults with high blood pressure			
Diet	Counseling for adults at higher risk for chronic disease			
HIV	Screening for all adults at higher risk			
Immunization	Vaccines for adults' doses, recommended ages, and recommended populations vary: Hepatitis A, Hepatitis B, Herpes Zoster, Human Papillomavirus, Influenza (Flu shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella			
Obesity	Screening and counseling for all adults			
Sexually Transmitted Infection (STI)	Prevention counseling for adults at higher risk			
Tobacco Use	Screening for all adults and cessation			
Syphilis	Screening for all adults at higher risk			
WOMEN	100% in network, 40% out of network			
Anemia	Screening on a routine basis for pregnant women			
Bacteriuria	Urinary tract or other infection screening for pregnant women			
BRCA	Counseling about genetic testing for women at higher risk			
Breast Cancer Mammography	Screenings every 1 to 2 years for women over 40			
Breast Cancer Chemoprevention	Counseling for women at higher risk			
Breastfeeding	Comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women			
Cervical Cancer	Screening for sexually active women			
Chlamydia Infection	Screening for younger women and other women at higher risk			
Contraception	Food and Drug Administration approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs			
Domestic and Interpersonal Violence	Screening and counseling for all women			
Folic Acid	Supplements for women who may become pregnant			
Gestational Diabetes	Screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes			
Gonorrhea	Screening for all women at higher risk			
Hepatitis B	Screening for pregnant women at their first prenatal visit			
Human Immunodeficiency Virus (HIV)	Screening and counseling for sexually active women			
Human Papillomavirus (HPV) DNA Test	High risk HPV DNA testing every three years for women with normal cytology results who are 30 or older			
Osteoporosis	Screening for women over age 60 depending on risk factors			
Rh Incompatibility	Screening for all pregnant women and follow-up testing for women at a higher risk			
Tobacco Use	Screening and interventions for all women, and expanded counseling for pregnant tobacco users			
Sexually Transmitted Infections (STI)	Counseling for sexually active women			
Syphilis	Screening for all pregnant women or other women at increased risk			
Well-Woman Visits	To obtain recommended Preventive services for women under 65			

continued on next page

### MEC WELLNESS/PREVENTIVE PLAN BENEFITS AT A GLANCE ACA Required Wellness and Preventive Benefits

CHILDREN	100% in network, 40% out of network				
Alcohol and Drug Use	Assessments for adolescents				
Autism	Screening for children at 18 and 24 months				
Behavioral	Assessments for children of all ages: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years				
Blood Pressure	Screenings for children: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 yers; 15 to 17 year				
Cervical Dysplasia	Screening for sexually active females				
Congenital Hypothyroidism	Screening for newborns				
Depression	Screening for adolescents				
Developmental	Screening for children under age 3, and surveillance throughout childhood				
Dyslipidemia	Screening for children at higher risk of lipid disorders. Ages: 1 to 4 years; 5 to 10 years; to 14 years; and 15 to 17 years				
Fluoride Chemoprevention	Supplements for children without fluoride in their water source				
Gonorrhea	Preventive medication for the eyes of all newborns				
Hearing	Screening for all newborns				
Height, Weight, and Body Mass Index	Measurements for children ages: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years				
Hematocrit or Hemoglobin	Screening for children				
Hemoglobinopathies	Or Sickle Cell screening for newborns				
HIV	Screening for adolescents at higher risk				
Immunization	Vaccines for children from birth to age 18 doses, recommended ages, and recommended populations vary: Diphtheria, Tetanus, Pertussis, Haemophilus Influenza Type B, Hepatitis A, Hepatitis B, Human Papillomavirus, Inactivated Poliovirus, Influenza (Flu Shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Rotavirus, Varicel				
Iron	Supplements for children ages 6 to 12 months at risk for anemia				
Lead	Screening for children at risk of exposure				
Medical History	For all children throughout development: Ages: 0-11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; 15 to 17 years				
Obesity	Screening and counseling				
Oral Health	Risk assessment for young children: Ages: 0 to 11 months; 1 to 4 years; 5 to 10 years				
Phenylketonuria (PKU)	Screening for this genetic disorder in newborns				
Sexually Transmitted Infection (STI)	Prevention counseling and screening for adolescents at higher risk				
Tuberculin	Testing for children at higher risk of tuberculosis: Ages 0 to 11 months; 1 to 4 years; 5 to 10 years; 11 to 14 years; and 15 to 17 years				
Vision	Screening for all children				
MONTHLY MEC PREMIUM	Policy Number 82907300-M-ECP				
Empleyee Only	¢FF 00 Employee   Spence #92 00				

MONTHLY MEC PREMION		FOIIC	y Number 8290/300-W-ECP
Employee Only	\$55.00	Employee + Spouse	\$82.00
Employee + Child(ren)	\$74.80	<b>Employee + Family</b>	\$100.90

### **MEMBER SERVICES**

For frequently ask questions regarding the MEC Wellness Preventive Benefit, please go to www.essentialstaffcare.com/FAQMEC.

**PLEASE NOTE:** To make changes or cancel coverage by telephone call (800) 269-7783. Your Company has chosen to take your payroll deductions on a **Post-Tax** basis.

### **Essential StaffCARE Customer Service: 1-866-798-0803**

- Once enrolled, members can call this number for questions regarding plan coverage, ID card, claim status, and policy booklets and to add, change, or cancel coverage.
- Customer Service Call Center hours are M F, 8:30 a.m. to 8 p.m. Eastern Standard Time. Bilingual representatives are available.
- Members can also visit www.paisc.com and click on "Members" and enter your group number.